

# Infant & Child CPR



**First Stop**  
Safety Training

<b>D</b>	Danger	Make sure it's safe to approach
<b>R</b>	Response	Gently shake shoulders, ask loudly 'are you alright?'. Infant: flick foot
<b>A</b>	Airway	Put your hand on the forehead & fingers under the chin, gently tilt the head back
<b>B</b>	Breathing	Check for up to 10 sec - look, listen & feel. Abnormal/ no breathing - 999/ 112, AED
	5 Rescue Breaths	Pinch nose, breath in mouth Infant: mouth & nose
<b>C</b>	Circulation	30 compressions : 2 rescue breaths

Depth of compressions: at least 1/3 of casualties chest  
Rate of compressions: 100-120 per minute  
Compressions: 1 hand for a child, 2 fingers for an infant

