

Jext[®]: Instructions For Use

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1, Grasp the Jext[®] injector in your dominant hand (the one you use to write with) with your thumb closest to the yellow cap.
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2, Pull off the yellow cap with your other hand.
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3, Place the black injector tip against your outer thigh, holding the injector at a right angle (approx 90°) to the thigh.
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4, Push the black tip firmly into your outer thigh until you hear a 'click' confirming the injection has started, then keep it pushed in. Hold the injector firmly in place against the thigh for 10 seconds (a slow count to 10) then remove. The black tip will extend automatically and hide the needle.
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5, Massage the injection area for 10 seconds. Seek immediate medical help.

Treatment Quick Guide

ANAPHYLAXIS

Use your Jext[®] and immediately after using your Jext[®] dial 999 in UK or 112 in Ireland, **ask for an ambulance and say 'anaphylaxis'**



Use a second Jext[®] after **5-15 minutes** if the symptoms do not improve

www.jext.co.uk

www.jext.ie

Dial 999 in UK or 112 in Ireland, ask for an ambulance and say "anaphylaxis". If you are unable to make the call, get someone else to call for you.

BE PREPARED: Use a second Jext[®] after 5-15 minutes if the symptoms do not improve.

IT IS RECOMMENDED YOU CARRY TWO JEXT[®] PENS WITH YOU AT ALL TIMES.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can help provide information on the safety of this medicine by reporting any side effects to the regulatory authorities at **Ireland: www.hpra.ie UK: www.mhra.gov.uk/yellowcard**

Side effects should also be reported to ALK Medical Information on 0118 903 7940 or drugsafetyuk@alk.net